

WELCOME TO... CULTURAL COMMENTARY 2024



She's
Single
Magazine

Single isn't Scary, it's Power

CULTURAL COMMENTARY

The Cultural Commentary Community by She's SINGLE Magazine is a space where field experts offer deep insights on the single lifestyle through thought-provoking essays and articles. Each piece is crafted to challenge common stereotypes about singlehood while celebrating the diverse perspectives of the single experience. Here, experts draw on their professional backgrounds to share unique viewpoints on topics ranging from societal expectations to personal growth, providing readers with fresh, nuanced reflections. Articles are typically 800-900 words, with each submission adhering to our community guidelines, ensuring a respectful and inclusive conversation around the empowering realities of being single.

The Chiffon Trenches

AN EXCERPT COURTESY OF THE Penguin Random House Network

I was born in a non-swamp-down hospital on the edge of town, adjacent to Georgetown in Washington, D.C. Two months after my arrival, my parents, Alma and William Carroll Taylor, took me to my grandmother's house in Durham, North Carolina, the center of the tobacco industry. My parents were young and so was typical in Southern black households, it was decided I would live with my grandmother, Essie Frances Davis, as my parents sought careers in the nation's capital. I called my grandmother Mama.

As a young child, I was told that my great-grandmother China, both widows, they coupled pension checks and my grandmother's salary from being a domestic maid at the north's campus of Duke University, as well as supplemental income from my parents, to make a house in Durham, North Carolina. As a young child, I was told that my great-grandmother China, both widows, they coupled pension checks and my grandmother's salary from being a domestic maid at the north's campus of Duke University, as well as supplemental income from my parents, to make a house in Durham, North Carolina.

As you make dietary adjustments to support weight loss, consider replacing some of your carbohydrate choices with complex carbohydrates. Complex carbohydrates are rich in dietary fiber and offer a greater array of micronutrients. Consuming complex carbohydrates can help slow down digestion and improve blood sugar levels, avoiding sudden spikes and drops. To make simple swaps, consider transitioning from white pasta to whole wheat or pasta made from beans (such as chickpea pasta), and substituting whole bread with whole-grain bread. It's essential to remember that carbohydrates are not your foe; in fact, they're naturally preferable than a primary energy source.

Often, when people embark on a weight loss journey, they focus on all the foods they believe they "must" have. Instead, let's shift our perspective and concentrate on incorporating foods we genuinely enjoy. For instance, a cup of broccoli contains approximately 30 calories, whereas a tablespoon of peanut butter contains 90 calories. Including foods with high water content can help you feel satiated during weight loss without significantly adding to your calorie intake.

While you don't have to completely eliminate alcohol from your life when trying to lose weight, it can be beneficial to reduce

outside, the neighborhood kids had destroyed my freshly constructed garden. I turned around, went back inside, and noticed... What could I do? My grandmother's mother couldn't come out and take up my defense, and I had to decide to take down and construct the garden.

Young people can be very mean. When I would get upset, my uncle Lewis used to say to me, "Just keep on getting up. Get up every day and just keep going."

At an early age, I found my fantasy world in books and records, classical music, and my first love, being a domestic maid at the north's campus of Duke University, as well as supplemental income from my parents, to make a house in Durham, North Carolina.

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Written by Danielle Wright

Every so often, I revisit Sex and the City because let's face it, that show is timeless. Upon my revisit, very interesting in each of their bedrooms. Carrie's apartment—there is no tele in the second floor, once Big and Carrie are together, they're in their beds, and she's very displeased. So, what's with the bed? Sure, maybe you're thinking it's because realistically, they don't need a TV in the bedroom, but it's not like a TV in the bedroom would be served. But a show centric on dating, sex, and the mating game, it's not like a TV in the bedroom would be served. But a show centric on dating, sex, and the mating game, it's not like a TV in the bedroom would be served.

How To Bedroom B and Keep It Ali

For couples—for the most part—people of different positions should be trying What if

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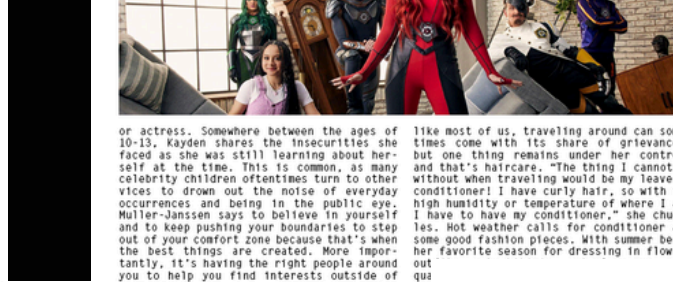
How to Know If A Fire Sign Is Into You

When it comes to astrology, fire signs—Aries, Leo, and Sagittarius—are known for their passionate and fiery personalities. They bring a vibrant energy to any room they enter, and their magnetic presence can be both exhilarating and intimidating. If you've caught the attention of a fire sign and you're wondering if they're into you, decoding their signals can be an exciting and enlightening journey.

One of the key indicators that a fire sign is attracted to you is their intense and enthusiastic energy. When they're interested, they'll be eager to connect with you on a deep level, expressing their desires, dreams, and ambitions. They may shower you with compliments, showing a genuine confidence and a natural charisma that can be hard to resist. Their passion can be infectious, creating a sense of excitement and adventure in your connection.

Another telltale sign is their fiery spirit. Fire signs are passionate by nature, and when they're attracted to someone, that passion intensifies. They'll be eager to connect with you on a deep level, expressing their desires, dreams, and ambitions. They may shower you with compliments, showing a genuine confidence and a natural charisma that can be hard to resist. Their passion can be infectious, creating a sense of excitement and adventure in your connection.

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Attraction 101

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Digital Detox for Dating

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by She's SINGLE Magazine's Field Experts

At SHESSINGLEMAG.COM, we strive to be the ultimate online destination for women as they navigate the challenges of finding themselves before or after their relationships. Our platform serves as a daily source for women-related news, entertainment, and community, reflecting the intimate tone and approach of the esteemed SINGLE brand.

Through engaging articles, captivating photo galleries, original video programming, and a thriving online community, we aim to empower women, fostering a deep sense of community enriched by Jazz, Literature, Education, Art, and more. Our ultimate goal is to guide women in completing their self-assessment and becoming better nurturers to themselves and with time, their mates.

IMPORTANT INFORMATION:

- No profanity
- All submission links are permanent, not marked as sponsored
- No-Refunds post publication
- Grammatical checks are automatically done by our editors
- Links cannot be altered or changed after 14 days
- All articles/essays must be exclusive to She's SINGLE Magazine
- 'Guest Contributor' author tag will be applied to all articles

PRICING.



1 Link: Print - \$209.68 | Online - \$459.79



2 Links: Print - \$209.68 | Online - \$529.67



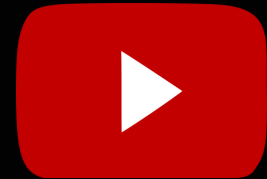
3 Links: Print - \$209.68 | Online - \$616.18



4 Links: Print - \$209.68 | Online - \$679.90

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OUR STATS.



1,321 Subs.

Source: Print/Digital: MRI Fall 2023; Google Analytics (Jan-Dec 2023) AAM Publisher's Statement December 2023

Clients:

- Good American
- Nars
- FeetFinder
- Cornbread Hemp
- Aspen Green
- UVE
- Tory Burch
- Royal Caribbean

2.8m

page views

702K

UVM

99,628

Circulation/Newsletter Subs.

Average monthly traffic &
current stats
(shessinglemag.com)



7,101 +

App. Subs

74,258 +

Digital Downloads





RELATIONSHIPS. CULTURE. FASHION.

SINGLE GLE
FALL 2024

She's

A BACHELORETTE IS BORN
KIARA SMITH + SHY JOHNSON

THE INFLUENCE OF PORNOGRAPHY ON MODERN RELATIONSHIPS

LONG DISTANCE RELATIONSHIPS

EXCLUSIVE
ATLANTA'S OWN, JIAH STAR AND RAPPER, JAZZ ANDERSON

THE PINK TAX +

GETTING PAST CHEATING...THE HEALTHY WAY.
HOW TO FIND PERCE
PG. 18

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WINTER 2021

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A BACHELORETTE IS BORN

Victoria!!
ON FINDING LOVE & RELAUNCHING HER MODELING CAREER

DATING ADVICE FOR A SINGLE MOM +

WHEN TO INTRODUCE SOMEONE NEW TO YOUR KIDS

Spring into Love!

SPECIAL DOUBLE ISSUE for the CULTURE

HOW TO FREE YOURSELF FROM ANGER & RESENTMENT

PLUS!
AN EXCLUSIVE INTERVIEW WITH MARRIAGE BOOT CAMP'S DR. VI

ECO-FRIENDLY PRODUCTS to buy this season

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MIA GOETH

DIGITAL DETOX FOR DATING
Taking a Break from Screens to Connect

LOVE IN THE DIGITAL AGE
How AI is Revolutionizing Dating

THE INFLUENCE OF SOCIAL MEDIA ON MODERN DATING

CAREER PRO TIPS

EXCLUSIVE
Manda...
Celebrity...
ing Co...

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UNDER \$500

WINTER FASHION FINDS

THESE FROES ARE NOT OUR OWN: HOW COLORISM INFILTRATES THE MEDIA AND SOCIETY

THERAPY TALKS...
OVERCOMING STIGMAS!
PROTECT BLACK WOMEN

SINGLE GLE
SUMMER 2020

She's

A BACHELORETTE IS BORN

HOW TO QUICKLY GET OVER HIM
26

HOW TO MAKE ENAGAGING ARTICLES!
A ROLL FIRST IMPRESSION

FASHION FINDS UNDER \$500

LEARNING TO EMBRACE YOUR SINGLEDOM

EXCLUSIVE
ATLANTA'S OWN, JIAH STAR AND RAPPER, JAZZ ANDERSON

15 HALLOWAYS TO GET BACK IN THE GAME

CENTER STAGE

SINGLE GLE
WINTER 2021

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WHERE MILLIONS CALL HOME

VIEWER PROFILE

TARGET LIFESTYLE GROUPS: College | Thrifty Habits | Single & Looking

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GENDER

Female - 52.8%

Male - 47.2%



HOUSEHOLD INCOME

\$100k+ - 27%

\$75k+ - 22%

\$60k+ - 36%



EDUCATION

Graduated College - 30%

Some College - 32%



HOME (OWNERSHIP)

Female - 19%

Male - 33%



AGE

18 - 24: 47%

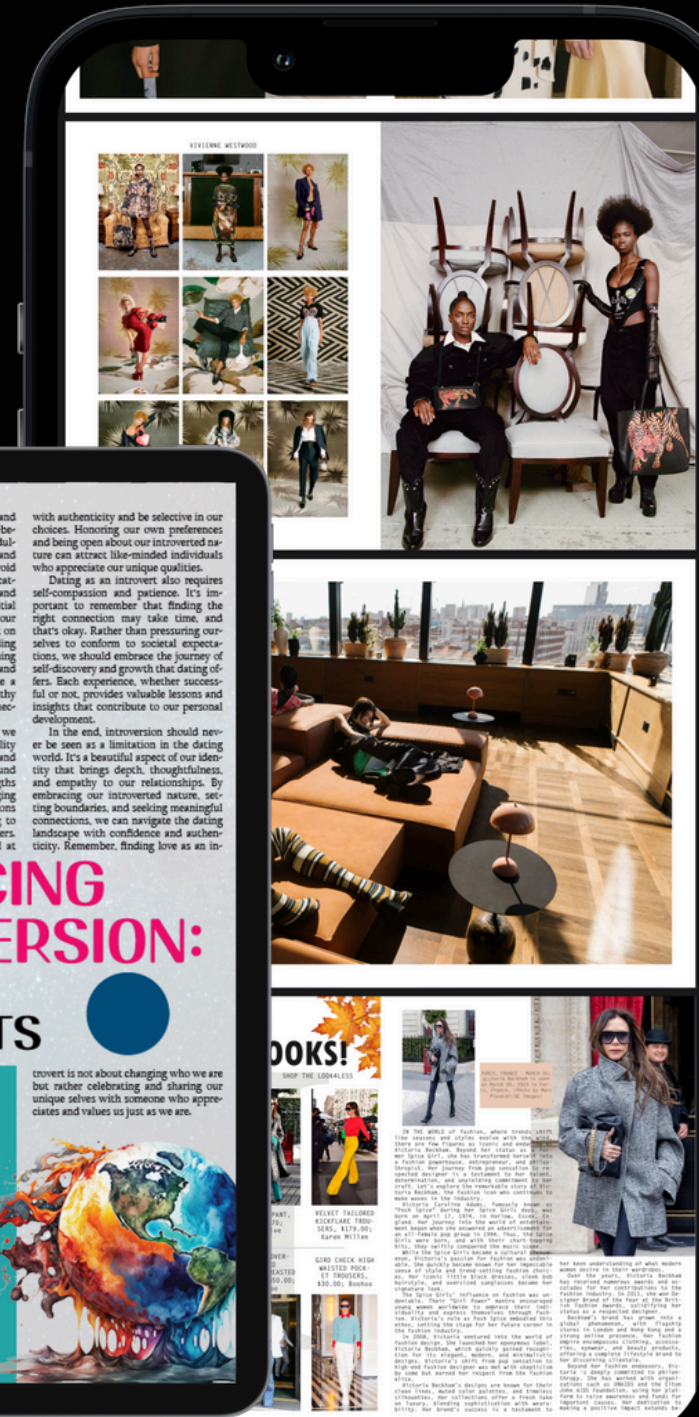
34 - 44: 24%

Median: 31



PARENTS

1+ Child - 37%



A woman with long blonde hair is wearing a long, light-colored coat over a dark, form-fitting dress. She is standing against a dark brick wall. The image is dimly lit, with the text overlaid in white.

SHE'S SINGLE

CONTACT:

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